

Branston Croquet Club

Guide for Safe Play



Croquet is not a risky sport but there are potential hazards that you should be aware of.

First Aid and Emergencies

- The club's first aid box is located in the container on the shelf above the lawn trolleys.
- The nearest A&E department is at Lincoln County Hospital, Greetwell Road, LN2 5QY approximately 20 minutes drive away.

Lawn treatments

- Lawns may be treated with toxic chemicals. Hands should be sanitised after handling balls and particularly before eating. Information on which lawns have been treated recently will be shown on the club noticeboard in the container. It may be requested that the lawns are not used. Please always do as asked.

Mallets

- Mallets weigh approximately 3 pounds (or 1.4 kg.). If you hit your ankle or shin it will be very painful. Wear flat soft soled shoes for the preservation of the lawns and no open toes for the preservation of your toes.
- Never throw down a mallet casually or in temper. Apart from the likelihood of damaging the lawn, and the risk of injuring someone, you could end up with a large bill for replacing a broken mallet.
- Injuries to wrists, elbows, shoulders and backs can result from errors of technique. If you find you are starting to get aches and pains ask someone to look at your technique and make suggestions before the injury become debilitating.

Hoops

- Tripping over hoops may look funny from a distance but can be very dangerous; remember that all that furniture on the lawn that is forever getting in the way of your shots is equally unforgiving to legs. Never walk backwards without looking behind you first.
- Lifting hoops can take real strength, so we have 1 hoop lifter which will be on one of the three lawn trolleys.

Stop boards

- Stop boards will generally stop balls but occasionally a ball may hit the foot and launch into the air. Do not walk in front of someone taking a shot and never sit on the ground with your back to a lawn where there is a game in progress.
- Stop boards will also stop you if you are not looking where you are going!

Double banking

- When double-banking the players should always be aware of what is happening in the other game. In particular do not walk on or off the lawn without looking, alert the other striker if you are about to send a ball close to them and watch out for long shots in the other game.

Equipment trolleys

- Be careful when wheeling a trolley and take extra care when going up or down the ramp to the container.

Container

- Take care manoeuvring the access ramp. It is heavy and is best positioned by two people.
- Be aware that line marking and lawn treatment materials are kept in the container and should only be used by members who are qualified to do so.